












The Minster Schools' Children's Club Menu

Autumn Term 2019

Water, milk and fruit are served every afternoon. A salad bar is available with each meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 4 th – 6 th Sept 23 rd – 27 th Sept 14 th – 18 th Oct 11 th – 15 th Nov 2 nd – 6 th Dec	Baked beans and cheese on potato waffles 	Macaroni cheese 	Fish finger wraps with salad 	Pizza slices: chicken, pepperoni or vegetable 	Scrambled egg on muffins 
Week 2 9 th – 13 th Sept 30 th Sept – 4 th Oct 28 th Oct – 1 st Nov 18 th – 22 nd Nov 9 th – 13 th Dec	Pasta: tomato sauce 	BBQ chicken wings and potato wedges 	Jacket potato or wrap: tuna, chicken mayo, cheese, salad 	Vegetable or chicken soup with bread rolls 	Chicken stew with rice 
Week 3 16 th – 20 th Sept 7 th – 11 th Oct 4 th – 8 th Nov 25 th – 29 th Nov 16 th – 20 th Dec	Pizza slices: chicken, pepperoni or vegetable 	Fish fillet and chips 	Herby chicken drumstick with coleslaw and salad 	Pasta: creamy tomato sauce 	Chicken fajitas 

Key:  Milk  Gluten  Fish  Celery  Eggs  Mustard  Sulphur dioxide  Soya  Sesame  Nuts  Peanuts [See individual recipes for details](#)